

## **ABSTRACT OF THE DISCLOSURE**

Certain exemplary embodiments provide a method for providing multiple access to a communication channel, the method comprising: sending a reservation request of a first type into a first selected minislot of a selected frame of an uplink channel when information of a first type is to be sent, the uplink channel having a plurality of frames, each frame having a first selectable number of minislots and a second selectable number of slots, the reservation request of the first type requesting an assignment of at least one slot for transmitting information of the first type in at least one frame that is subsequent to the selected frame.